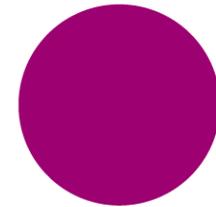




Best
Practice
Network

Coaching in Education

2 minutes: Add to the chat any questions that you would like answered today or about coaching in general.



Coaching in Education Apprenticeship Level 5

- For professionals working across the education sector
- Builds advanced coaching skills that support growth, reflection and change
- Specially designed training for schools, MATs and other education organisations
- Includes an optional nationally recognised ILM Level 5 coaching qualification
- £5,000 worth of training funded through the Apprenticeship Levy

This session will cover:

- What coaching is and is not
- What a coaching session looks like
 - What makes a good coach
 - Our coaching programme

What it is and isn't

	Mentoring 👣	Counselling ❤️	Consulting 🛠️	Instructional Coaching 👩🏫	Professional Coaching 🎯
Purpose					
Key Features					
You'll hear them say					

Coaching

- A non- directive leadership method
- Uses active listening and insightful questioning
- Opens up new neural pathways so coachees think about challenges differently
- Meets the coachee where they are
- Inspires sustained, values- driven change.
- Develops resilient, resourceful, initiative- taking coachees.

A coaching session



Create psychological safety:

- Contracting
- Rapport



Clarify Goals



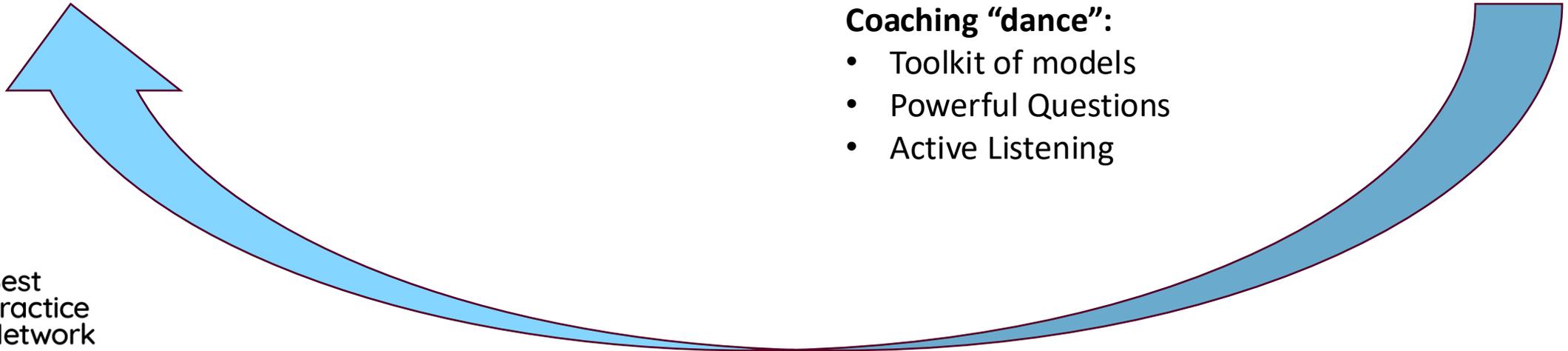
Coaching “dance”:

- Toolkit of models
- Powerful Questions
- Active Listening



Set an Action Plan:

- SMART



A

"People are naturally creative, resourceful and whole." — *Co-Active Coaching Model*

B

"It's not that you lack resources, it's that you lack resourcefulness." Tony Robbins

C

"As coaches, we equip people to be in touch with their best selves." — *Clyde Lowstuter*

D

"To tell denials or negates another's intelligence, to ask honours it". Sir John Whitmore



Now you know what
it is.

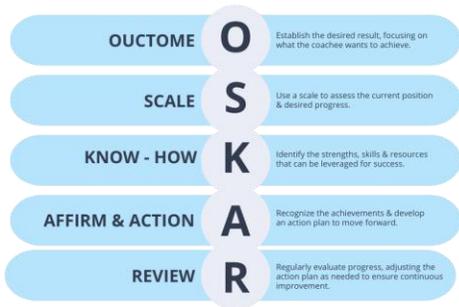
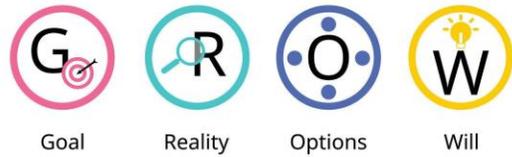
What qualities and
skills do you think a
good coach would
have?



Some coaching tools and theories

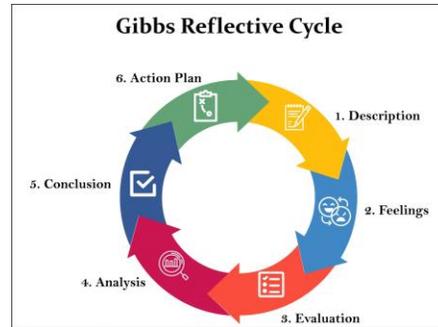
Goal setting

The GROW Model

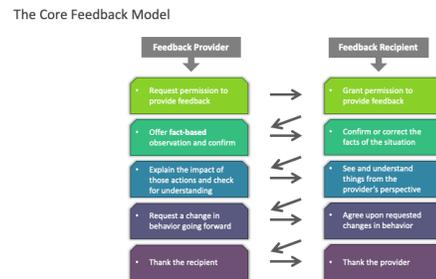


shiftbase

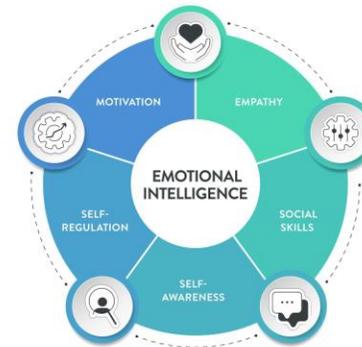
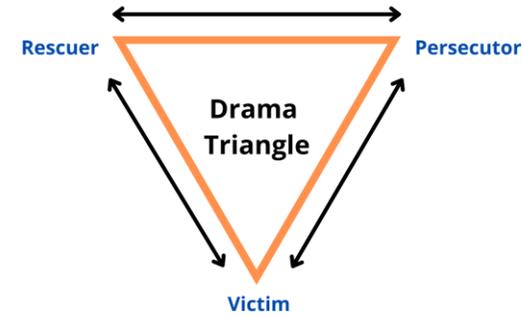
Reflection & feedback



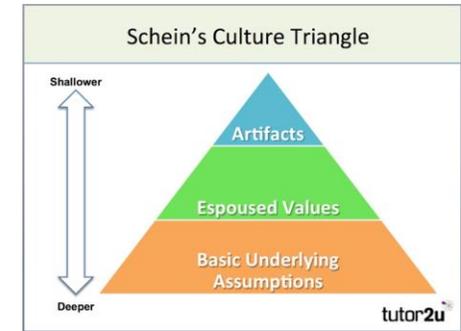
FEEDBACK MODEL



Relatedness



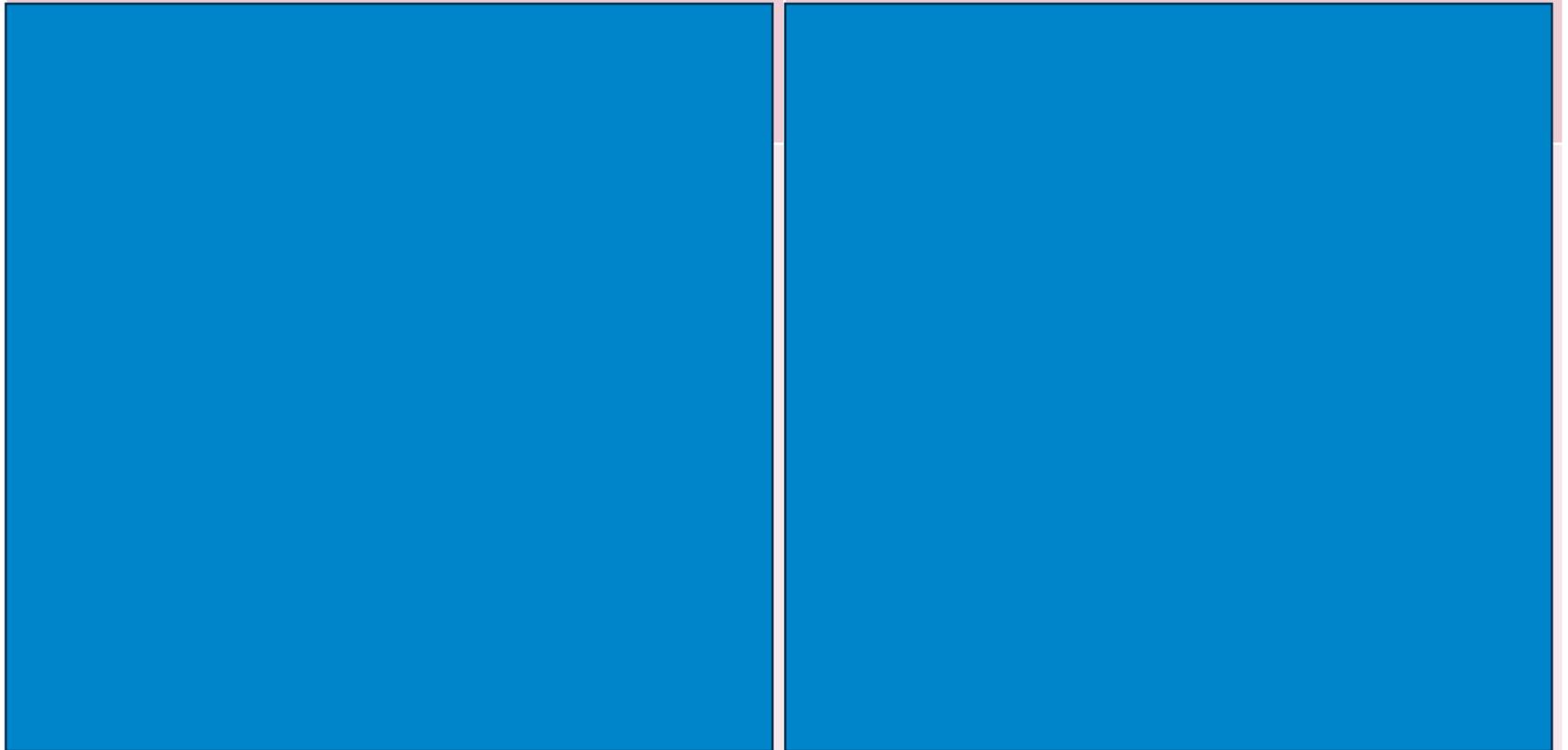
Leadership & Culture



Open Questions

- How
- If
- What
- Why*
- Tell me more about...**

Issue: “I just never seem to have enough time to do all my admin at the end of the day.”



Research- Backed Professional Development

The Education Policy Institute found that high-quality professional development programmes, including coaching, offer exceptional value for money with extraordinary long-term returns through improved teaching quality and student outcomes.

Improves wellbeing, retention, effectiveness and relatedness.

Closely supports diversity and inclusion efforts for staff development.

Where do you think
these skills could be
useful in your
setting?



Our programme

Module 1 & 2

The principles of good coaching

- Contracting
- Psychological perspectives
- Emotional intelligence
- Coaching ethics and guidelines

Modules 3-6

Undertaking coaching

- Coaching models
- Stakeholder management
- Rapport Building
- Listening and questioning

Module 7 & 8

Reflecting and Professional Development

- Reflection
- Self- evaluation
- CPD

Practicalities

- ✓ Monthly virtual classroom (interactive, scenarios, coaching practice)
- ✓ Asynchronous online learning
- ✓ A personal tutor – monthly meetings
- ✓ Access to additional workshops (wider reading, CPD, career progression)
- ✓ Fully inclusive support

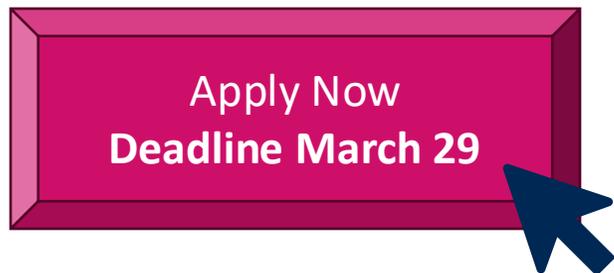
Assessment and Qualifications

Level 5 Coaching Professional	ILM Level 5 certificate in effective coaching and mentoring
<ul style="list-style-type: none">• Interview based on a portfolio of evidence• 2x Observation + Questions• Knowledge check (40 multiple choice questions)	<ul style="list-style-type: none">• 4-5,500-word essay on coaching principles• A portfolio of evidence• A 3,000-word reflective journal

Next Steps

Apply through our website

Applications take approximately 15 minutes



We secure funding & contact your employer

- BPN assess eligibility and then call your employer to confirm support and funding route
- Enrolment call with apprenticeship advisor to discuss programme requirements

Start in June

- First Day of Learning webinar - apprentices are inducted on to the programme by an Apprenticeship Tutor
- Graduate in Feb/March 2027!

Questions

Apply Now
Deadline March 29

